



October 2019

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District Leaders

Clenise R. Platt District Governor

Judith W. Cocherell DG-Elect

Deborah Altizer Wall

DG-Nominee

Susan G. Zachensky-Walthall iPDG

Matthew McDonald Finance Chair

William C. Dages Jr. District Treasurer

Dana Lewellyn Rieves DCO Chair

Clubs in the News

Goochland Club



On August 28th, Rotary Club of Goochland President Rich Salon, along with Robin Lee Hillman, Past President and current Goochland County Fire-Rescue Volunteer Marc Jones, presented six checks totaling \$1,200.00 to the Goochland County Fire-Rescue Department to assist them in continuing the great work they perform in responding to health and property incidents. The ongoing heroic efforts of the department is clearly one of the strengths of our county. The Rotary Club of Goochland salutes the dedication of staff and volunteers throughout our Goochland County Fire-Rescue Department. Pictured are representatives from each of the six stations.

Innsbrook Club

Michael Soden DCO - Webmaster Stanley Theodore Wall District Secretary

2019-2020 District Committee Chairs

Stephen R. Beer
District Rotary Foundation
Floyd Melvin Brown, Jr.
Community Service
Bonnie S. Field

District Awards

Dianne S. GordonnDistrict Public Image

Kenneth Wayne JanesDistrict Membership

Mary G. Landon PhD Training Coordinator

JoAnn Meaker
Newsletter Editor
jomeaker51@gmail.com

Mary Lou Mortimer District Conference

Leland C. Muckey Youth Exchange C

Maureen S. Patterson Interact

Robert Edward Preston Rotary Fellowship District

Davetta Flinn Rinehart Youth Protection Officer

Alexandria Mayher Ritchie Rotaract



The Rotary Club of Innsbrook presented checks to thirteen non-profit- organizations who serve a wide spectrum of community needs. Representatives from these charities were on hand to receive their funds and made brief remarks about their mission, who they serve and what community need they were meeting. They also inform the Rotarians about the specific use of the funds.

There was a formal competitive grant process to make application for funding. Nineteen organizations requested support and thirteen received funding. They are Change the World RVA, Effective Ministries, Henrico Firefighter Foundation, Sleep in Heavenly Peace, Sportable, Henrico Police Athletic League, Vineyard Christian Fellowship of Richmond, Jackson-Feild Behavioral Health Services, The Read Center, Shady Grove YMCA, RAMPS, Coal Pit Learning Center and Jewish Family Services.

The Rotary Club of Innsbrook has been helping worthy causes for 30years. More than \$825,000 has been given to improve the quality of life of needy individuals.

Churchland and Portsmouth Clubs



Shown, left-to-right are Lynn Perkinson, Portsmouth Club treasurer; Wanda Smith, president of the Churchland Club; District Governor-Elect Cocherell; Ms. Macam, Tony

Goodwin, Portsmouth Club president; and William Pollard, Jr. of the Churchland Club.

District Governor-Elect Judith Cocherell presents a symbolic \$10,000 grant check to Kristin Macam, director of community kitchens and programs for Portsmouth Mercy Chefs. This district grant was given jointly with the Churchland and Portsmouth Rotary Clubs at a ceremony, held Aug. 29, at Roger Brown so restaurant in downtown Portsmouth. As a non-profit group, Mercy Chefs provides disaster relief and humanitarian aid with professionally prepared meals for victims, volunteers and first responders in national emergencies and natural disasters. And when Mercy Chefs in not actively involved in relief efforts, it serves communities across the country, providing professional meal service, nutritional education, and work-skill development. This involves meals served in after-school and summer programs for at-risk children, and events designed to increase stability for low-income communities.

South Hill Club



The South Hill Rotary Club Feeding the Dragons at Park View.

Members of the South Hill Club have been busy. This is the 14th year for the Feeding the Dragons program that allows local businesses and organizations a chance to provide a meal for the team before they hit the field before games. If you want to help feed the football team before a game this year contact South Hill Police Chief Stuart Bowen at the SHPD for more information.



Members (and guest) labeled the dictionaries that were delivered to South Hill and La Crosse Elementary.



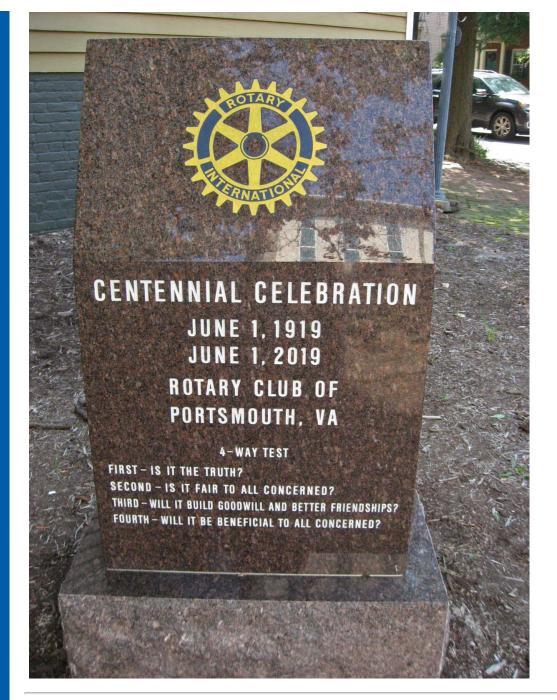
The Club donated school supplies to South Hill Elementary School this week as part of their efforts to support education in the community. *Pictured Keith Ellis, Randy Cash, Lisa Clary, Tommy Zincone and Principal Mikki Griles Icenhour.*

Portsmouth Rotary Club dedicates 100-year monument



Rotary District Governor Clenise Platt, and Area 13 Governor SuAnne Hardee Bryant, participated in a September 18th dedication of a Portsmouth, Virginia monument, commemorating the city s downtown C1ub s 100th year of public service. This attractive monument is located adjacent to the Portsmouth Victory Arch off of Crawford Street.

Shown I-r on the front row: Gail Pittman, Lynn Perkinson, Maureen Mizelle, Ms. Hardee Bryant, Ms. Platt, Dr Joseph Barreca, and Shirley Barreca. On the back row, I-r: Roddy Hodges, Dan Evans, Tony Goodwin (Portsmouth Club President), Warren Channel, Michael Broadhurst, William Nagle, Mel Boyd, and Bart Foster.



Innsbrook Club:



At a recent meeting, the Rotary Club of Innsbrook presented checks to 13 non-profit organizations who serve a wide spectrum of community needs. Representatives from these charities were on hand to receive their funds and made brief remarks about their mission, who they serve and what community need they were meeting. They also inform the Rotarians about the specific use of the funds. There was a formal competitive grant process to make application for funding. Nineteen organizations requested support and thirteen received funding. They are Change the World RVA, Effective Ministries, Henrico Firefighter Foundation, Sleep in Heavenly Peace, Sportable, Henrico Police Athletic League, Vineyard Christian Fellowship of Richmond, Jackson-Feild Behavioral Health Services, The Read Center, Shady Grove YMCA, RAMPS, Coal Pit Learning Center and Jewish Family Services. The Rotary Club of Innsbrook has been helping worthy causes for 30years. More than \$825,000 has been given to improve the quality of life of needy individuals.



Members of the Innsbrook Rotary Club grabbed their paint brushes and rollers to help Coal Pit Learning Center complete needed painting projects. They gathered September 21st and got right to work painting. Projects included painting benches, repainting the storage shed, re-painting the front sign and painting other needs in the building. Other Rotarians helped weed whack an adjacent lot owned by Coal Pit that was in dire need of mowing. The Innsbrook Rotary Club has a long history of helping the children at Coal Pit. They have conducted countless projects over the years to meet pressing needs including a major project in 2012 which provided funds and services to double the size of the center.

Coal Pit is a not-for-profit school dedicated to building a nurturing and engaging learning environment for students from low-income families. Services include a developmental preschool classes as well as excellent childcare services before and after school for the Richmond community since 1976.

James City County Club

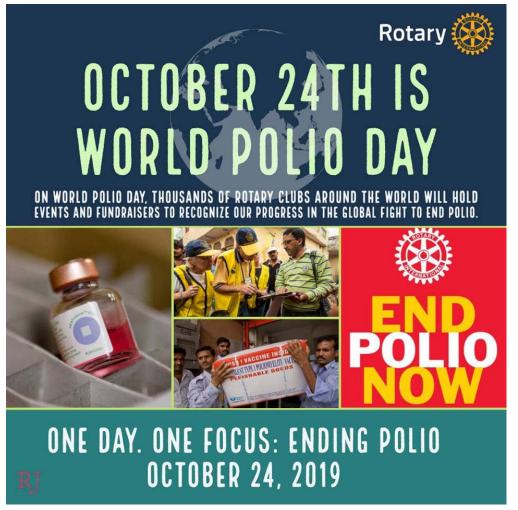


The James City County Club was pleased to grant \$5,000 to Latisha\(\Phi\) s House, a safe haven for women rescued from sex trafficking. From left to right: Club President Sue Harmon, Latisha\(\Phi\) s House Executive Director Elizabeth Ameling, and District 7600 Governor Clenise Platt.



Grayson Moore, Chair of the James City County Rotary Satellite Club, welcomed DG Clenise and thanked her for her enthusiastic presentation of her vision for Rotary Year 2019-2020. Also pictured is Seyda Celci, President of the Williamsburg Rotary Club, to whom the Satellite Club presented a Paul Harris Fellow award for her outstanding dedication and leadership in rejuvenating her club.

District News



What is your club doing to focus attention on World Polio Day? Be sure to share the news with your community.

People of Action Award winners were presented at District Conference. To learn about the four winners click <u>HERE</u>.

Youth Services in the News

Rotaract:

A message from Alex Ritchie, D7600 Rotaract Chair

"It takes a village.

Rotary has become a lifestyle for me and I largely have this group of people (& many others) to thank for that.

It isn't easy to build something from the ground up but it sure is worth it.

Creating district level infrastructure is not something I had any experience with but it has taught me a lot about the value of persistence, having a focused, intentional vision, and believing despite obstacles.

It hasn't always been easy but my 7600 home has grown from a handful of Rotaractors to 13 THRIVING and engaged clubs over the last two years thanks to the hard work of SO many incredible people.

When we have our heads down and are doing the hard work, it is sometimes easy to forget the beginning and remember to step back and look at where we have come.

This morning we stepped back.

I realized just how far Rotaract has come and how far our district has come. Thank you 7600 for having me as your chair and for walking this path with me. We have an incredible journey still ahead and I couldn't be more excited!

My biggest takeaway is that building something new to benefit your community requires relationship building. It requires us to be authentic, flexible leaders who believe in empowering others and understanding their motivations, passions, and insecurities.

My top goal is to help my fellow Rotaractors and Rotarians find their place to shine while impacting the world around us.

Rotary is family. And pictured below is a piece of mine. Cheers to a pretty fantastic year ahead."



Want to learn more about helping to start a Rotaract Club... Go <u>HERE</u> to find out more.

Interact:

The Cape Charles Rotary Club had a very good turn out for the District Conference from their new Interact Club at Northampton High School and from their other club at Broadwater Academy.



L-R: Maureen Patterson, Interact Chair, David Vazquez Martinez (NYS Interact Club, Grade 10), Oscar Melendez (NHS Interact Club, Grade 10); Jose Vera (President, NHS Interact Club, Grace 12); Stanley Plowden (Membership Chair, Cape Charles Rotary Club); May Yu (President Elect, Cape Charles Rotary Club)



L-R: Caroline Arnold (Co-President, Broadwater Academy Interact Club, Grade 12); Virginia Ross (Co-President, Broadwater Academy Interact Club, Grade 12)

Is your club interested in starting Interact at your local school? Contact District 7600 Interact Chair, Maureen Patterson with questions. Information about Interact is also available at the District's and RI's websites.

Tech Tip of the Month

SCAMS:

In our world today, with our heavy dependency on technology for communication in our every-day lives, there comes a time when someone nefarious out there creates a hoax to try to get into your computer, your phone, your email, your Facebook page. Have you had this trouble? Scams are everywhere. And just when you think your seen it all, out pops another. It's easy to detect those Robo calls with it's distinctive chirp as the computer starts the voice, but sometimes it's a live person who can sweet talk you into doing something you will certainly wish you hadn't.

Recently a family member was conned into allowing the "tech" person access to her computer to solve a problem he said she had, which was slowing down her laptop. Yes, she'd had this problem and had tried to get it fixed before, so with this helpful person's advise she let him in. Big mistake. Over the course of time, the con man had gained access to her email, her bank account, her credit cards, her social security, and more. Once she realized her mistake and hung up, it took her days to close her accounts and open new ones. Yes, she learned her lesson the hard way.

You can avoid all this by checking out the information in the Federal Trade Commission's website for Scams $\underline{\textit{HERE}}$.

Foundation News



A Message from DRFC Stephen Beer: World Polio Day is Only a Few Weeks Away!



On October 24 we will be celebrating World Polio Day. Your Rotary district will be holding a special event at the Virginia Museum of History and Culture, located on Arthur Ashe Boulevard in Richmond. The all-day event will feature interviews with polio survivors, an iron lung machine and other polio artifacts, virtual reality experiences on polio topics. Our very own Rotarian, Gretchen Ross, weekend news anchor at WRIC in Richmond will be hosting interviews and other activities. Interactors will be painting pinkies purple. And, there will be a live newsfeed with other World Polio Day events around the world. Colleen Bonadonna, Polio Programs Chair, will be revealing more details on the program in the next few weeks.

What you can do:

Come to the district event for a couple of hours. We will be open from 9:00am to 6:30pm. Bring a friend. This will be open to the public.

Work with your local Interact Club to sponsor a ♦ Purple Pinky ♦ activity to raise funds and awareness for Polio. Have your club match the funds raised by the Interact Club. The Interactors can tell their contributors that \$1.00 is like giving \$4.00 after the matches from your club and the Gates Foundation.

Contact museums and other public buildings in your area to see if they will light up their grounds with purple lighting on World Polio Day (evening).

We will have a live feed on Facebook if you cannot make it in person to our event.

The October Beer Contest

The Rotary Foundation Banquet will be held on Thursday, November 14 starting with a social at 5:00pm at the Colonial Heritage Country Club in Williamsburg. Come out and cheer your club for its success this past Rotary year! Our keynote speaker will be Nancy Barbee, who has led many groups to India for their Polio National Immunization Days.

If you want to receive a \$5.00 refund for your banquet registration, be the first to answer the following question correctly. Rotary recognizes members who have contributed cumulatively over time at least \$1000 to The Rotary Foundation. What is the name of this recognition? Hint: It is named after the founder of Rotary International. Email the correct answer to beerstephenva@yahoo.com.

Congratulations to Neva Lynde who successfully answered September s Beer contest question - what musical instrument did Paul Harris play? The answer was the flute.





Shhh! Don t Tell the IRS Our Little Secret!

By Stephen Beer



What is charity? The Webster so Dictionary says charity is sogenerosity and helpfulness, especially toward the needy or suffering, so also, charity is solid given to those in need. A broader definition from the same source: so a gift for public benevolent purposes.

The Internal Revenue Service considers cash gifts to The Rotary Foundation to be charitable contributions. After you make your contribution a charity will send you a gift acknowledgement. Typically, the acknowledgement states that �no goods or services were received for this contribution. � When goods or services are received, their value must be stated in the gift acknowledgement. The contribution less the value of the goods and service received is considered the charitable amount.

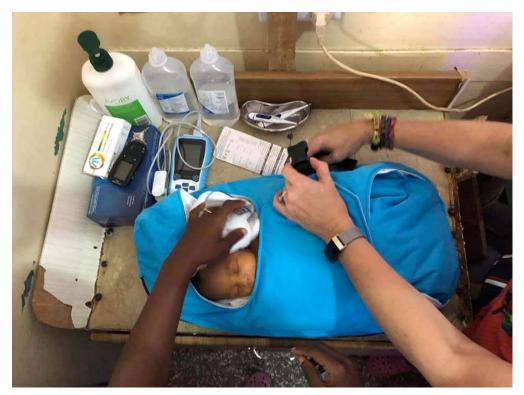
Charity is a gift. You don to expect to receive anything in return, except, perhaps the warm feeling from knowing you have done good. This is true when you give to, for example, The American Heart Association. You may have an emotional feeling knowing this organization made a difference for a family member. You don to give, hoping you will have a heart attack someday and then benefit from the Heart Association services.

Well, here is our little secret. (Shhh!) When you contribute to The Rotary Foundation you are getting something back, at least indirectly. The Foundation funds Rotary club projects that do good in our communities here and around the globe. Rotary so image is enhanced by its work world-wide. Rotary Foundation grants help your club to do more than it could without the grant. Your club so service is more visible to the community and is more easily recognized by the community. When your club undertakes the larger Foundation grant project, it helps make your club stronger and makes your Rotary experience more enjoyable and worthwhile.

While this rationale makes it easier for me to contribute to The Rotary Foundation, I believe our Foundation is the best use for my charitable dollar. I would probably continue to give to The Rotary Foundation, even if I were no longer a Rotarian.







Read how Shel Douglas (Prince George Rotarian) helped provide a life-saving incubator to a hospital in Ghana <u>HERE</u>. To learn more about Warmilu go <u>HERE</u>.

The Three Amigas �



Rotary District 7600 has three caring women serving on a Water and Hygiene project in Ghana. They will be home very soon, but they have overseen the drilling of borehole wells, construction of micro-flush toilets, the planning of new simple schools and the opening of completed simple schools as part of this family of Water and Hygiene global grants in Ghana.

Sue V. Carter of the Farmville Rotary Club is an Assistant Governor in District 7600. She had planned for this Ghana trip since hearing Shel so presentation about the comprehensive global grant project at a Farmville Rotary meeting. In her words, This has been a life changing event.

Allison & Lisa & Matthews-Ailsworth is a member of the Henrico East Rotary Club and just made the deadline to become a member of this project trip. Lisa has been fully engaged and is known to have a sense of adventure.

Shel Douglas of the Prince George Rotary is one of the grant authors of this comprehensive family of Ghana Grants. She had an extended supervisory trip earlier in the year and was able to connect with possible partners and to cement relationships with prior partner Rotary clubs. Shel will be returning to her Assistant Governor duties in District 7600 this week.

While these three Rotarians were demonstrating that Rotary Connects the World Rotary they managed to return from a project visit and join the world of WiFi in time to be inducted into the District 7600 Alumni Association via Skype at the District Conference on September 21st.

Congratulations to Sue, Lisa, and Shel. And thank you.

Kwaku, Polio Survivor Serves Others



In February Shel Douglas met Kwaku. Kwaku is a lead project supervisor on many micro-flush toilet projects in Ghana. He has also learned to be a trainer. In that role he teaches other Ghanains about the construction and maintenance of the micro-flush units. He is a respected project manager and trainer.

Kwaku happens to be a polio survivor. It doesn t slow him down. His dedication, sharing personality, and knowledge has elevated him to a go-to guy status. Those who work with him work to keep up with him.

A couple of days ago, he and Shel reconnected on her second trip to Ghana. No doubt they will see each other again as Shel continues her commitment to the Water and Hygiene global grants in Ghana. Won tyou and your club join in the good works of Shel and Kwaku? Contact Shel with any questions.

Goochland Grant



(L. to R.) Sarah Perkins, Jay Shively, Robin Lee Hillman, Joy Langford Kline, Rich Salon, Derek Stamey, Clenise Platt, Mark H Covey, Ennion Williams, and Wayne Dementi.

Goochland Rotary Club President Rich Salon is presented a check for \$5,000 from Rotary District 7600 Governor, Clenise Platt. The grant will go toward building an exercise trail connecting the new Goochland Animal Shelter with Hidden Rock Park and planned dog park on Hidden Rock Lane. Rotarians are partnering with the Goochland Animal Shelter, the County and Goochland Pet Lovers to build a trail for the citizens of Goochland County. The trail will consist of paths that total approximate three quarters of a mile, and will feature benches, picnic tables, mini-dog parks and other trail elements. The project is targeted for completion in the Spring of 2020.

Upcoming Events

Short Pump



Holiday Party and Silent Auction

TUESDAY, NOVEMBER 12TH

5:00PM - 7:30PM CAPITAL ALE HOUSE 4024 COX RD A, GLEN ALLEN

\$10 cover charge at the door

Hors D'Oeuvres, Cash Bar, and Dozens of Great Silent Auction and Raffle Items



South Hill Club

South Hill Rotary Club will be selling 2 lb. rolls of Dockery Branch Sausage (local Martin Smith) for the holidays. Place your first order for Thanksgiving and it will be available. Second order will go in to be available by the Friday before Christmas. See any Rotarian or call 434 447 9458 or email undermyhat@embarqmail.com. Cost is \$10.00 per roll. All orders must be pre sold and pre paid. Delivery times and location pick up to be determined at a later date.

The Gleaning for the World Teddy Project is underway and South Hill Rotary is collecting new or gently used stuffed animals for the 2018 holiday season. They can be dropped off at South Hill United Methodist Church, Town and Country Cleaners, Southside Insurers, Airtec or call Lisa Clary at 434-447-4823 or 434-447-9458 for more information. Girl Scout Troops 997 and 3263 will also be helping again this year. This has been a long term project for the club to help orphaned children in third world countries have a gift on Christmas morning. Your continued support is appreciated.

Western Henrico Club

28th Annual Becky Briggs Memorial Golf Tournament is Monday, October 14th. For more details go $\underline{\textit{HERE}}$.